

CHARLEMONT/HAWLEY SENIOR CENTER SCHEDULE
NOVEMBER 2016

Congregate meals are available at the Senior Center with Site Manager Diane Gingras, phone 339-5720 for lunch reservations. The Center is located at the Social Rooms of the Federated Church, 175 Main St., Charlemont, open Wednesdays only, phone 339-4201. See also [www.charlemont-ma/us](http://www.charlemont-ma.us).

For local area transportation requests, phone 625-2502; for out-of-area transportation requests including Med Life, contact the Franklin Regional Transportation Authority (FRTA) at 774-2262 or 1-888-301-2262.

*Wednesday, November 2 - Council on Aging meets at 10:30 a.m.
Socializing, games; lunch at noon.

*Tuesday, November 8 - 10:30 a.m. to Noon
Second Tuesday Walk-in Wellness Clinic with Public Health Nurse Lisa White

*Wednesday, November 9 -- 10:00 a.m. - 1:00 p.m.
At 11:00 a.m. Jennifer Strules, wildlife biologist, speaks about her participation in the North Carolina Black Bear Study. Lunch at noon.

*Wednesday, November 16 - 10:00 a.m. - 1:00 p.m.
Scheduled Foot Clinic appointments. Lunch at 11:30 a.m.
Brown Bag distribution after 12:30 p.m.

*Wednesday, November 23 - Center closed -- Happy Thanksgiving!

*Wednesday, November 30 - 10:00 a.m. - 1:00 p.m.
At 11:00 a.m. Linda Reynolds leads a craft project fashioning Christmas wreaths or swags. Scheduled Reflexology appointments. Lunch at noon